



Description

FOOD FOR SPECIAL MEDICAL PURPOSES

Renastep is a ready to use high energy, low volume liquid feed containing protein, carbohydrate, fat, vitamins, minerals, trace elements and docosahexaenoic acid (DHA), with low levels of potassium, phosphorus, calcium, chloride and vitamin A.

Renastep has a vanilla flavour.

Indication

Renastep is for the dietary management of kidney disease from 3 years of age onwards.

Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

Preparation Guidelines

Suitable to be taken orally or via an enteral feeding tube as determined by the clinician or dietitian. Shake before use. If taken orally it is best served chilled.

Important Notice

Use under medical supervision.

Not suitable for use as a sole source of nutrition.

Suitable from 3 years of age onwards.

Regular monitoring of nutritional status and electrolyte levels is required.

For enteral use only.

Nutritional Information

| | | Per 100ml | Per bottle (125ml) | | Per 100ml | Per bottle (125ml) | |
|----------------------------|----|--------------------|--------------------------|-----------------------|--------------|--------------------------|----------|
| Energy | kJ | 836 | 1045 | Minerals | Sodium | mg 84 | |
| | | kcal 200 | 250 | | | mmol 3.6 | 4.5 |
| Fat | g | 11.1 | 14 | Potassium | mg | 35 | |
| | | of which saturates | 1.7 | | | 2.1 | mmol 0.9 |
| | | monounsaturates | 7.8 | 9.8 | Chloride | mg | 60 |
| | | polyunsaturates | 1.1 | 1.4 | | | mmol 1.7 |
| Alpha linolenic acid | mg | 125 | 156 | Calcium | mg | 47 | |
| Docosahexaenoic acid (DHA) | mg | 40 | 50 | | | mmol 1.2 | 1.5 |
| Linoleic acid | mg | 1000 | 1250 | Phosphorus | mg | 35 | |
| Carbohydrate | g | 21.0 | 26 | | | mmol 1.1 | 1.4 |
| of which sugars | g | 3.4 | 4.3 | Magnesium | mg | 15 | |
| Protein | g | 4.0 | 5.0 | | | mmol 0.6 | 0.8 |
| Salt | g | 0.21 | 0.26 | Trace Elements | | | |
| Vitamins | | | | Iron | mg | 2.0 | 2.5 |
| Vitamin A (RE) | µg | 39 | 49 | Zinc | mg | 1.2 | 1.5 |
| Vitamin D | µg | 1.6 | 2.0 | Copper | mg | 0.12 | 0.15 |
| Vitamin E (α TE) | mg | 3.6 | 4.5 | Manganese | mg | 0.20 | 0.25 |
| Vitamin K | µg | 7.0 | 8.8 | Selenium | µg | 5.0 | 6.3 |
| Vitamin C | mg | 8.0 | 10.0 | Chromium | µg | 2.5 | 3.1 |
| Thiamin | mg | 0.12 | 0.15 | Molybdenum | µg | 7.0 | 8.8 |
| Riboflavin | mg | 0.16 | 0.20 | Iodine | µg | 18 | 23 |
| Niacin | mg | 1.37 | 1.7 | Others | | | |
| (Niacin Eq) | mg | (2.2) | (2.8) | L-Carnitine | mg | 4.0 | 5.0 |
| Vitamin B6 | mg | 0.21 | 0.26 | Choline | mg | 40 | 50 |
| Folic acid | µg | 25 | 31 | Osmolality | 600mOsm/kg | | |
| Vitamin B12 | µg | 0.4 | 0.50 | | | | |
| Biotin | µg | 4.0 | 5.0 | | | | |
| Pantothenic acid | mg | 0.6 | 0.75 | | | | |

Allergen Declaration

Contains **Milk** (milk protein)

Contains **Fish** (tuna oil)

Storage

Renastep should be stored in a cool dry place.

Opened: Once opened recap and refrigerate.

Discard any feed after 24 hours.

Pack Size/Weight

24 x 125ml e 3.0 L



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